



# MONDAY



QUORN BEAN CHILLI WITH RICE  £5.95

VEGETABLE STIRFRY WITH RICE £4.95

## STREET FOOD

ITALIAN JOB BURGER, ROCKET, TOMATO, MAYO, £6.95  
CHEDDAR CHEESE, SOURDOUGH BUN

INDONESIAN BEEF TACOS WITH GRILLED PINEAPPLE £5.95

PENNE IRROCO CHICKEN, CHORIZO, RED ONION, £5.00  
CREAM

## WORLD CUISINE

CHICKEN SHAWARMA WITH FLATBREAD, £6.95  
SALAD AND SLAW

SRI LANKAN TOASTED COCONUT CHICKEN CURRY, RICE £6.75



## SOUP OF THE DAY

SWEET POTATO CHILLI & COCONUT £2.95



# TUESDAY



VEGGIE BURITTO (BEANY)



£4.95

VEGETABLE GYOZA WITH SAUCE & RICE, RED  
PICKLED ONION

£4.95

VEGETABLE UDON NOODLES WITH SAUCE

£4.95

## STREET FOOD

MEXICAN FAJITA WRAP

£6.95

KOREAN STYLE FRID CHICKEN

£5.95

VEGETABLE LASAGNE

£5.00

## WORLD CUISINE

PIRI PIRI CHICKEN WITH MEDITERANEAN RICE AND  
SMOKY TOMATO SAUCE

£6.95

MINCED BEEF LASAGNE WITH GARLIC BREAD AND  
SALAD

£6.95



## SOUP OF THE DAY

LENTIL & VEGETABLE

£2.95



# WEDNESDAY



**VEGAN BHAJI BURGER**

**£5.95**

**SWEET POTATO, CHICKPEA & DAL COCONUT CURRY  
WITH FIRE CRACKER POTATOES**



**£4.95**

## STREET FOOD

**LOADED DIRTY CHEESE BURGER, SLICED TOMATO,  
ICEBERG LETTUCE & MAYO**

**£6.95**

**2 JOINT WINGS WEDNESDAY WITH RED CABBAGE,  
CARROT, SAVOY CABBAGE, RED ONION TOSSED IN HONEY  
MUSTARD DRESSING**

**£4.95**

**DISH OF THE DAY (PLEASE ASK SERVER FOR DETAILS)**

**£5.95**

## WORLD CUISINE

**MINCED BEEF PIE, MASHED POTATO & PEAS**

**£6.75**

**THAI CHICKEN CURRY**

**£6.75**



## SOUP OF THE DAY

**LEEK AND POTATO**

**£2.95**



# THURSDAY



**VEG PAKORA WRAP**

**£5.95**

**AFRICAN FIRE BEAN STEW**



**£4.95**

**CAJUN SPICE HALLOUMI BURGER**

**£4.95**

## STREET FOOD

**JMS COD DOG BURGER WITH ICEBERG LETTUCE,  
TARTRE SAUCE & COLESLAW**

**£5.95**

**STICKY CHICKEN BAO BUNS**

**£6.95**



**JIMMY MAC N' CHEESE WITH GARLIC BREAD**

**£4.95**

## WORLD CUISINE

**CHICKEN KATSU WITH RICE & SAUCE**

**£6.95**

**KOREAN APPLE BULGOGI BEEF**

**£6.75**



## SOUP OF THE DAY

**ROAST CARROT & COCONUT SOUP**

**£2.95**



# FRIDAY



**RAJ BEAN BURGER**



**£5.95**

**SINGAPORE NOODLES**

**£4.95**

## STREET FOOD

**CHICKEN GOUJON BANG BANG WRAP**

**£4.95**

**COWBOY BEEF CHILLI, TORTILLA CHIPS &  
TATER TOTS**

**£5.95**



**PENNE ARRABBIATA**

**£5.00**

## WORLD CUISINE

**MSC BATTERED HADDOCK N' CHIPS  
OR BLAGGIS**

**£6.95**

**DISH OF THE DAY (PLEASE ASK SERVER FOR  
DETAILS)**

**£6.75**



## SOUP OF THE DAY

**CREAM OF MUSHROOM**

**£2.95**



# VEGAN MENU

MONDAY

QUORN BEEF CHILLI WITH RICE £ 4.95 

VEGETABLE STIRFRY WITH RICE £ 4.95

**SOUP:** SWEET POTATO CHILLI & COCONUT £ 2.95





# VEGAN MENU

## TUESDAY

VEGGIE BEANY BURRITO £ 4.95 

VEGETABLE GYOZA WITH SAUCE AND RICE £ 4.95

VEGETABLE UDON NOODLES WITH SAUCE £ 4.95

**SOUP:** LENTIL & VEGETABLE £ 2.95





# VEGAN MENU

## WEDNESDAY

BHAJI BURGER £ 5.95

SWEET POTATO, CHICKPEA & DAL COCONUT

CURRY WITH FIRE CRACKER POTATOES £ 4.95 

**SOUP:** LEEK AND POTATO £ 2.95







# VEGAN MENU

## THURSDAY

VEG PAKORA WRAP £ 5.95

AFRICAN FIRE BEAN STEW £ 4.95 

CAJUN SPICE HALLOUMI BURGER £ 4.95

**SOUP:** ROAST CARROT & COCONUT £ 2.95





# VEGAN MENU

FRIDAY

RAJ BEAN BURGER £ 5.95 

SINGAPORE NOODLES £ 4.95

SOUP: CREAM OF MUSHROOM £ 2.95



# PLANT-FUSION MENU




## MONDAY

QUORN BEEF CHILLI WITH RICE £ 4.95 

VEGETABLE STIRFRY WITH RICE £ 4.95

**SOUP:** SWEET POTATO CHILLI & COCONUT £ 2.95

## TUESDAY

VEGETABLE BEANY BURRITO £ 4.95 

VEGETABLE GYOZA WITH SAUCE & RICE £ 4.95

VEGETABLE UDON NOODLES WITH SAUCE £ 4.95

**SOUP:** LENTIL & VEGETABLE £ 2.95

## WEDNESDAY

BHAJI BURGER £ 5.95 

SWEET POTATO, CHICKPEA & DAL COCONUT CURRY £ 4.95

**SOUP:** LEEK AND POTATO £ 2.95

## THURSDAY

VEG PAKORA WRAP £ 5.95 

AFRICAN FIRE BEAN STEW £ 4.95

CAJUN SPICE HALLOUMI BURGER £ 4.95

**SOUP:** ROAST CARROT & COCONUT £ 2.95

## FRIDAY

RAJ BEAN BURGER £ 5.95 

SINGAPORE NOODLES £ 4.95

**SOUP:** CREAM OF MUSHROOM £ 2.95

# BEANS MENU



## MONDAY

QUORN BEAN CHILLI WITH RICE £ 4.95

## TUESDAY

VEGGIE BEANY BURRITO £ 4.95

## WEDNESDAY

SWEET POTATO, CHICKPEA & DAL COCONUT CURRY  
WITH FIRE CRACKER POTATOES £ 4.95

## THURSDAY

AFRICAN FIRE BEAN STEW £ 4.95

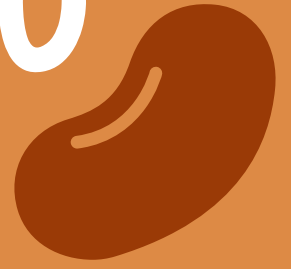
## FRIDAY

VEGAN RAJ BEAN BURGER £ 5.95

**BEANS ARE ALSO AVAILABLE  
DAILY DURING BREAKFAST**



# BEANS MENU



*FULL OF BEANS IS A CITY-WIDE CAMPAIGN THAT  
AIMS TO PROMOTE GREATER CONSUMPTION OF  
BEANS AND PULSES.*

*WE SUPPORT THIS CAMPAIGN BY SERVING A DISH  
MADE WITH BEANS OR PULSES DAILY.*

*BEANS ARE PLANT-BASED PROTEIN AND FIBRE-  
RICH, WHICH IS GOOD FOR HEART AND GUT  
HEALTH AND CONSIDERED AN ALTERNATIVE TO  
ANIMAL PRODUCTS.*

*THEY ALSO BENEFIT THE PLANET BECAUSE THEY  
DON'T NEED MUCH WATER, ARE LOW IN CARBON,  
AND HELP ENRICH THE SOIL BY FIXING NITROGEN  
LEVELS.*





# SALAD BAR

Offering fresh, seasonal ingredients from local suppliers including veg, fruit, homemade mixed salads and orzo pasta, giving you the freedom to custom make your perfect bowl!

## CUSTOM BOWLS

Regular £5.00  
Large £6.50

