



MONDAY



QUORN KATSU BAGUETTE WITH ASIAN SLAW £5.95

SWEET POTATO FALAFAL WRAP WITH HOUMUS,
ASIAN SLAW AND SALAD £4.95

STOVIES WITH LENTILS AND BEANS  £3.95

STREET FOOD

CAJUN CHICKEN, AVOCADO, ROCKET, TOMATO ON A
SOURDOUGH BUN BURGER £6.95

INDONESIAN PORK TACOS WITH GRILLED PINEAPPLE £5.95

BBQ PORK RIB BAGUETTE WITH SLAW £5.00

WORLD CUISINE

CHICKEN SKEWER OR DONNER KEBAB WITH FLATBREAD,
SALAD AND SLAW £6.95

GARLIC & LEMON CHICKEN, WITH POTATO,
SALAD AND CORNCOB £6.75



SOUP OF THE DAY

SWEET POTATO CHILLI & COCONUT £2.95



TUESDAY



BUTTERMILK QUORN BEETROOT BURGER £5.95

QUORN TERIYAKI GREEN LENTILS AND BEAN £5.95



MAC N' CHEESE WITH 3 BEAN CHILLI TOPPING £3.95



STREET FOOD

**PEANUT FREE SATAY CHICKEN BURGER OR
LARGE MEXICAN FAJITA WRAP** £6.95

CHICKEN BOX £5.95



RED PEPPER PESTO PASTA WITH GARLIC BREAD £4.95

WORLD CUISINE

**PIRI PIRI OR TIKKA CHICKEN WITH GUN POWDER
POTATOES OR SALAD** £6.95

PIE OF THE DAY WARM MASH POTATO, MIXED VEG £6.75



SOUP OF THE DAY

LENTIL & VEGETABLE £2.95



WEDNESDAY



VEGAN BHAJI BURGER

£5.95

**SWEET POTATO, CHICKPEA & DAL COCONUT CURRY
WITH FIRE CRACKER POTATOES**



£4.95

LOADED VEG DIRTY FRIES OR VEGAN CHEESE

£3.95

STREET FOOD

**DIRTY TEXAS BURGER, BLUE CHEESE, CHEDDAR SLICED
TOMATO, ICEBERG LETTUCE AND MAYO**

£6.95

CHICKEN WINGS

£4.95

DISH OF THE DAY

£5.95

WORLD CUISINE

MINCED BEEF LASAGNE WITH GARLIC BREAD & SALAD

£6.95

STICKY BBQ PORK RIBS/BELLY WITH SLAW & SALAD

£6.75



SOUP OF THE DAY

LEEK AND POTATO

£2.95



THURSDAY



PAKORA WRAP

£5.95

AFRICAN FIRE BEAN STEW



£4.95

**VEG SPRING ROLLS WITH CURRY SAUCE, RICE
AND RED PICKLED ONION**

£3.95

STREET FOOD

PORK & CHORIZO BURGER

£6.95

**BBQ CHICKEN AND CHINESE CHICKEN
BAO BUNS**

£6.95



JIMMY MAC N' CHEESE

£4.95

WORLD CUISINE

TEXAN BRISKET WITH BAKED POTATO, SLAW AND SALAD

£6.95

CARBONARA WITH GARLIC BREAD AND SALAD

£6.75



SOUP OF THE DAY

ROAST CARROT & COCONUT SOUP

£2.95



FRIDAY



BEAN & BEETROOT BURGER



£5.95

SINGAPORE NOODLES

£5.95

CAULIFLOWER BUFFALO POPCORN

£3.95

STREET FOOD

**COD DOG BURGER WITH LETTUCE AND
TARTRE SAUCE COLESLAW**

£5.95



PENNE ARRABBIATA

£5.00

WORLD CUISINE

**BATTERED HADDOCK N' CHIPS
OR SOUTHERN FRIED CRISPY CHICKEN**

£6.95

**COWBOY BEEF CHILLI, REFRIED BEANS,
TORTILLA CHIPS**



£5.95



SOUP OF THE DAY

CREAM OF MUSHROOM

£2.95



VEGAN MENU

MONDAY

KATSU TENDER BAGUETTE WITH ASIAN SLAW £ 5.95

SWEET POTATO FALAFAL WRAP

WITH HOUMUS £ 4.95

STOVIES WITH LENTILS AND BEANS £ 3.95 

SOUP: SWEET POTATO CHILLI & COCONUT £ 2.95





VEGAN MENU

TUESDAY

BUTTERMILK STYLE QUORN BEETROOT

BURGER £ 5.95

QUORN TERIYAKI GREEN LENTILS

AND BEAN £ 5.95 

MAC N' CHEESE WITH 3 BEAN CHILLI

TOPPING £ 3.95 

SOUP: LENTIL & VEGETABLE £ 2.95





VEGAN MENU

WEDNESDAY

BHAJI BURGER £ 5.95

SWEET POTATO, CHICKPEA & DAL

COCONUT CURRY WITH FIRE CRACKER

POTATOES £ 4.95 

LOADED VEG DIRTY FRIES £ 3.95

SOUP: LEEK AND POTATO £ 2.95





VEGAN MENU

THURSDAY

VEG PAKORA WRAP £ 5.95

AFRICAN FIRE BEAN STEW £ 4.95 

VEG SPRING ROLLS WITH CURRY SAUCE, RICE
AND RED PICKLED ONION £ 3.95

SOUP: ROAST CARROT & COCONUT £ 2.95





VEGAN MENU

FRIDAY

BEAN & BEETROOT BURGER £ 5.95 

SINGAPORE NOODLES £ 4.95

CAULIFLOWER BUFFALO POPCORN £ 3.95

SOUP: CREAM OF MUSHROOM £ 2.95



PLANT-FUSION MENU



MONDAY

KATSU TENDER BAGUETTE WITH ASIAN SLAW £ 5.95

SWEET POTATO FALAFAL WRAP WITH HOUMUS £ 4.95

VEGAN STOVIES WITH LENTILS AND BEANS £ 3.95 

SOUP: SWEET POTATO CHILLI & COCONUT £ 2.95

TUESDAY

VEGAN BUTTERMILK STYLE QUORN BEETROOT BURGER £ 5.95

VEGAN QUORN TERIYAKI GREEN AND BEAN £ 5.95 

VEGAN MAC N' CHEESE WITH 3 BEAN CHILLI TOPPING £ 3.95 

SOUP: LENTIL & VEGETABLE £ 2.95

WEDNESDAY

BHAJI BURGER £ 5.95 

SWEET POTATO, CHICKPEA & DAL COCONUT CURRY £ 4.95

LOADED VEG DIRTY FRIES £ 3.95

SOUP: LEEK AND POTATO £ 2.95

THURSDAY


VEG PAKORA WRAP £ 5.95

AFRICAN FIRE BEAN STEW £ 4.95 

VEG SPRING ROLLS WITH CURRY SAUCE £ 3.95

SOUP: ROAST CARROT & COCONUT £ 2.95

FRIDAY

BEAN & BEETROOT BURGER £ 5.95 

SINGAPORE NOODLES £ 4.95

CAULIFLOWER BUFFALO POPCORN £ 3.95

SOUP: CREAM OF MUSHROOM £ 2.95

BEANS MENU



MONDAY

VEGAN STOVIES WITH LENTILS AND BEANS £ 3.95

TUESDAY

VEGAN QUORN TERIYAKI GREEN AND BEAN £ 5.95

VEGAN MAC N' CHEESE WITH
3 BEAN CHILLI TOPPING £ 3.95

WEDNESDAY

SWEET POTATO, CHICKPEA & DAL COCONUT CURRY
WITH FIRE CRACKER POTATOES £ 4.95

THURSDAY

AFRICAN FIRE BEAN STEW £ 4.95

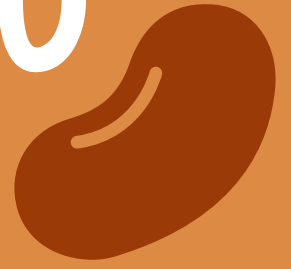
FRIDAY

BEAN & BEETROOT BURGER £ 5.95

**BEANS ARE ALSO AVAILABLE
DAILY DURING BREAKFAST**



BEANS MENU



*FULL OF BEANS IS A CITY-WIDE CAMPAIGN THAT
AIMS TO PROMOTE GREATER CONSUMPTION OF
BEANS AND PULSES.*

*WE SUPPORT THIS CAMPAIGN BY SERVING A DISH
MADE WITH BEANS OR PULSES DAILY.*

*BEANS ARE PLANT-BASED PROTEIN AND FIBRE-
RICH, WHICH IS GOOD FOR HEART AND GUT
HEALTH AND CONSIDERED AN ALTERNATIVE TO
ANIMAL PRODUCTS.*

*THEY ALSO BENEFIT THE PLANET BECAUSE THEY
DON'T NEED MUCH WATER, ARE LOW IN CARBON,
AND HELP ENRICH THE SOIL BY FIXING NITROGEN
LEVELS.*



SALAD BAR

Offering fresh, seasonal ingredients from local suppliers including veg, fruit, homemade mixed salads and orzo pasta, giving you the freedom to custom make your perfect bowl!

CUSTOM BOWLS

Regular £5.00
Large £6.50

