

# Sport Taster Sessions 2024

All transport will leave from outside of the JMS Building on University Avenue

## Tuesday 17th September

13:00 - 15:30	Golf	Great Western Golf
20:00-22:00	American Football	Scotstoun Leisure Centre

## Wednesday 18th September

12:00 - 18:00	Sailing	Bardowie Loch
12:00 - 14:00	Athletics	Scotstoun Leisure Centre
14:00 - 17:0:0	Weightlifting	Stevenson Building - Exercise Studio 1
14:00 - 17:00	Men's Basketball Recreational Tournament	Stevenson Building - Sports Hall
14:00 - 17:00	Men's Football Club Recreational Tournament	Garscube Sports Complex - 3g Synthetic Pitch
15:00 - 17:00	Curling	The Peak, Stirling
15:00 - 17:00	Athletics	Scotstoun Leisure Centre
15:00 - 17:00	Water Polo	Stevenson Building - Swimming Pool
18:00 - 20:00	Men's Basketball	Stevenson Building - Activity Hall
18:00 - 20:00	Men's Basketball	Stevenson Building - Sports Hall
20:00 - 22:00	Trampoline and Gymnastics	Stevenson Building - Sports Hall

## Thursday 19th September

12:00- 15:00	Surf Club (Wakeboarding)	Glasgow Wake Park
12:00 - 14:00	Shinty	Garscube Sports Complex - Grass Pitch
12:00 - 17:00	Ski and Snowboard	Glasgow Ski Centre (Bellahouston)
13:00 - 16:00	Women's Football	Garscube Sports Complex - 3g Synthetic Pitch
13:30 - 14:30	Swimming	Stevenson Building - Swimming Pool
14:00 - 19:00	Canoe	Pinkston
14:00 - 16:00	Men's Rugby	Garscube Sports Complex - Grass Pitch
14:00 - 16:00	Cricket	West of Scotland Cricket Club
15:30 - 16:30	Water Polo	Stevenson Building - Swimming Pool
16:00 - 18:00	Women's Rugby	Garscube Sports Complex - Grass Pitch
16:00 - 19:00	Men's Football	Garscube Sports Complex - 3g Synthetic Pitch
15:00 - 17:00	Table Tennis	Stevenson Building Activity Hall
16:30 -	Hares & Hounds (Running Club)	Stevenson Building (Meet outside reception)

## Thursday 19th September (cont.)

17:15 - 19:45	Fencing	Stevenson Building Activity Hall
17:30 - 19:30	Women's Hockey	Hockey Centre, Hockey Pitch
19:30 - 21:30	American Football	North Kelvinside School
20:00 - 22:00	Men's Basketball	Stevenson Building - Sports Hall

## Friday 20th September

09:00 - 14:00	Riding	Busby Equitation Centre
09:00 - 11:00	Ultimate	Stevenson Building - Activity Hall
11:00 - 15:30	Mountaineering	Glasgow Climbing Centre
12:00 - 14:00	Squash	Stevenson Building - Squash Courts
11:15 - 12:45	Boxing	Stevenson Building - Activity Hall
13:00 - 16:00	Tennis	Kelvingrove Tennis Courts
13:00 - 14:15	Table Tennis	Stevenson Building - Sports Hall
13:15 - 15:15	Swimming	Stevenson Building - Swimming Pool
14:30 - 16:30	Volleyball (Men)	Stevenson Building - Sports Hall
13:00 - 15:00	Men's Hockey	Hockey Centre, Hockey Pitch
15:00 - 17:00	Women's Hockey	Hockey Centre, Hockey Pitch
17:00 - 19:00	Women's Basketball	Stevenson Building - Sports Hall
18:15 - 19:15	Cycling	Revolve
19:15 - 21:00	Handball	Stevenson Building Activity Hall
19:30 - 21:30	Trampoline	Sparta Trampoline Club

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## Saturday 21st September

Daytime	Surf	Speak to Club at Sports Fayre
09:00-17:00	Sailing Team Racing	Bardowie Loch
09:30 - 11:30	Badminton	Stevenson Building - Sports Hall
10:30 - 12:30	Judo	Stevenson Building - Exercise Studio 2
11:30 - 14:30	Boats	Glasgow Green - Boat House
12:00 -	Cycling	Meet at Botanic Gardens - (Mountain Bike)
12:00 - 14:00	Volleyball (Women)	Stevenson Building - Sports Hall
13:00 - 15:30	Golf	Great Western Golf
13:30 - 15:30	Lacrosse	Hutchesons Grammer School
14:00 - 17:00	Weightlifting	Stevenson Building - Exercise Studio 1
15:00 - 16:00	Yoga	Stevenson Building - Exercise Studio 3
15:00 - 17:00	Fencing	Stevenson Building - Activity Hall

## Sunday 22nd September

Daytime	Cycling	Road Bike Ride (Speak to Club at Sports Fayre)
Daytime	Mountaineering	Walk - (Speak to Club at Sports Fayre)
Daytime	Surf	Speak to Club at Sports Fayre
10:30 - 12:30	Netball	Stevenson Building Sports Hall
11:00 - 13:30	Men's Football	Garscube Sports Complex - 3g Synthetic Pitch
12:00 - 14:00	Squash	Stevenson Building - Squash Courts
12:30 - 14:30	Karate	Stevenson Building - Exercise Studio 2
13:00 - 15:00	Kendo	Stevenson Building - Sports Hall
13:00 - 15:00	Muay Thai	Stevenson Building - Activity Hall
13:30 - 15:30	Gaelic Football	Garscube Sports Complex - 3g Synthetic Pitch
14:00 - 16:00	Lacrosse	Hutchesons Grammer School
15:00 - 17:00	Women's Hockey	Hockey Centre, Hockey Pitch
15:00 - 17:00	Yoga	Stevenson Building - Exercise Studio 2
15:30 - 17:30	Ultimate	Garscube Sports Complex - 3g Synthetic Pitch
15:30 - 17:30	Cheerleading	Stevenson Building - Sports Hall

## Saturday 21st & Sunday 22nd September

12:00	Caving	Speak to Club at Sports Fayre
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## Monday 23rd September

20:30 - 21:30	Taekwondo	Stevenson Building - Exercise Studio 3
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## Tuesday 24th September

20:00 - 22:00	Gymnastics	Kelvinhall
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## Wednesday 25th September

15:00 - 17:00	Curling	The Peak, Stirling
14:00 - 17:00	Weightlifting	Stevenson Building - Exercise Studio 1
18:00 - 19:30	Taekwondo	Stevenson Building - Activity Hall
19:00 - 21:00	Judo	Stevenson Building - Exercise Studio 2
20:30 - 22:10	Shorinji Kempo	Stevenson Building - Exercise Studio 2

## Friday 27th September

14:00 - 16:00	Men's Rugby	Garscube Sports Complex - Grass Pitch
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## Saturday 28th September

14:00 - 17:00	Weightlifting	Stevenson Building Exercise Studio 1
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